**Methodical instructions for students to work independently**

**on preparation for practical lessons on the cycle**

**«HOSPITAL SURGERY»**

**Practical lesson № 9**

1. **Theme of the lesson: «Portal hypertension».**
2. **Purpose:**

The student should know:

• anatomy and physiology of the Portal hypertension,

• the etiology and pathogenesis of Portal hypertension,

• the etiology and pathogenesis of complications of the disease;

• сlinic of these diseases and their complications,

• methods for diagnosing these diseases,

• principles of conservative and operative treatment of these diseases.

The student should be able to:

• сollect an anamnesis of the disease and life, observing the rules of medical ethics and deontology in patients;

• to examine patients with Portal hypertension and its complications;

• make a plan for additional studies (laboratory and instrumental), evaluate the data of examination of patients with pathology of the Portal hypertension;

• conduct differential diagnosis of Portal hypertension with other diseases of the abdominal cavity;

• formulate a diagnosis according to ICD-10;

• plan conservative treatment, determine indications for surgery for these diseases and their complications;

• to choose the optimal tactics of conservative and surgical treatment for these diseases and their complications;

• determine the plan for postoperative management of patients with this pathology, provide emergency care;

• decide practical problems in diagnostics, conservative and operative treatment, in patients with this pathology.

The student must know the methods:

• analysis and interpretation of clinical and laboratory results and instrumental examination of patients;

• writing a patient's medical record with the pathology of the Portal hypertension;

• use of the algorithm for diagnosing (primary, concomitant, complications) taking into account the International Statistical Classification of Diseases (ICD-10);

• performance of the main diagnostic measures for the detection of urgent and life-threatening conditions in the pathology of the Portal hypertension;

• performing of the main medical measures in the pathology of the Portal hypertension;

• the choice of surgical treatment in accordance with the diagnosis, the algorithm for choosing medicamentous therapy for patients with pathology of the Portal hypertension.

1. **Questions for self-preparation:**

1. Anatomy of the liver, port-caval anastomoses

2. Etiology, pathogenesis and classification of portal hypertension syndrome.

3. Clinic of portal hypertension syndrome.

4. Diagnosis and differential diagnosis of portal hypertension syndrome.

5. Clinic and diagnosis and treatment of bleeding from esophageal varices.

6. Treatment of portal hypertension syndrome. Types of operations for portal hypertension.

1. **Basic concepts of the topic:**

1. portal gipertenzia

2. cirrhosis of the liver

3. Toxic hepatitis

4. Porto-caval anastomoses

5. ascites

6. Varicose veins of the esophagus

7. bleeding from the veins of the pediatrician

8. Hepatic insufficiency

9. Direct bilirubin

10. Indirect bilirubin

11. Transaminases

12. Hepatomegaly

13. laparocentesis

14. melena

15. Vomiting "coffee grounds"

16. Blackmore probe

17 hemostatics

18. Infusion therapy

19. Liver transplantation

20. Anemia

1. **Literature**

|  |  |
| --- | --- |
| Main literature | Rajgopal, Shenoy KManual of Surgery [Текст] = Руководство по хирургии : руководство / Shenoy K Rajgopal. - 7-е изд. - New Delhi : GBS Publishers & Distributiors (Pvt.) Ltd., 2009. - 827 с. : ил. - ISBN 81-239-1237-4 : 1200.00 р., 660.00 р.  Перевод заглавия: Руководство по хирургии |
| Additional literature | 1. Surgical diseases "/ MI Kuzin, 2015. - 992  2. Surgical diseases: textbook / ed. A.F. Chernousov. - Moscow: GOETAR-Media, 2010. - 664 .: ill. + CD. |

1. **Chronocard lessons.**

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| --- | --- | --- | --- |
| №  п/п | Stages and contents of the lesson | Мethods and forms | Time |
| 1  1.1  1.2  1.3 | Introductory part of the lesson  Announcement of the topic, objective of the lession.  Evaluation of the readiness of the audience, equipment and students.  Characteristics of the stages and content of the work of students in lesson | Сonversation | 5 minutes |
| 2 | Detection of basic (theoretical) knowledge of students (answers to questions, test tasks, interview). | Interview, survey, testing | 35  minutes |
| 3 | Independent work of students under the supervision of the teacher (evaluation of the results of the examination of patients, the decision of situational problems, the analysis of clinical cases, the construction of diagnostic and therapeutic algorithms). | Work in small groups | 60  minutes |
| 4 | Quality control of students 'knowledge on the topic of the lession (interview, solving of situational tasks, listening to abstracts, discussion of results of students' out-of-class work). | Interview, survey, testing | 70  minutes |
| 5  5.1  5.2  5.3 | The final part of the lesson:  Conclusions on the topic.  Evaluation of the work of students in lession.  Homework for the next lesson | Conversation, individual rating | 10  minutes |

1. **Independent work of students.**

7.1. The sequence of preparation for a practical lesson

-To study the text of the lectures, the plan for the practical lesson, the content of the training questions, the list of literature.

-Make a plan for the preparation for the lesson.

- Choose in the library literature, which is recommended for preparation for the lesson.

- Read the contents of the book or article.

- Carefully read the educational material.

- Write a short summary, abstracts of the speech, make notes in the notebook.

- For each issue of the seminar, the student should be ready to express his opinion.

In preparation for the lesson, it is possible to use databases, information and reference systems and search engines - Internet resources, for example:

- Medline.ru Magazine and International Suspension System [www.medline.ru/medsearch/](http://www.medline.ru/medsearch/)

- Consilium Medicum website <http://consilium-medicum.com/>

- Annals of Internal Medicine - [www.acponline.org/journals/annals/annaltoc.htm](http://www.acponline.org/journals/annals/annaltoc.htm)

- Annual Review of Medicine - [www.www.biomedical.annualreviews.org/current/8.shtml](http://www.www.biomedical.annualreviews.org/current/8.shtml)

- Swiss Medical Weekly - [www.smw.ch/index.html](http://www.smw.ch/index.html)

7.2. Preparation of the abstract and its protection (1 abstract during the module)

topic of the abstract:

1. Methods of surgical treatment of portal hypertension

2. Liver transplantation

The abstract text should consist of:

1. Abstract Plan

2. Etiology and pathogenesis of the disease.

3. Classification of the disease.

4. Methods of diagnosis (clinical, laboratory, instrumental)

5. Differential diagnostics

6. Methods of treatment:

- Conservative

- Operational

7. Conclusion

8. References.

* 1. Additional independent work of the student.

- Formation of test tasks for the topics studied

- Formation case-stady

- Conducting research work

- Presence at the conference.